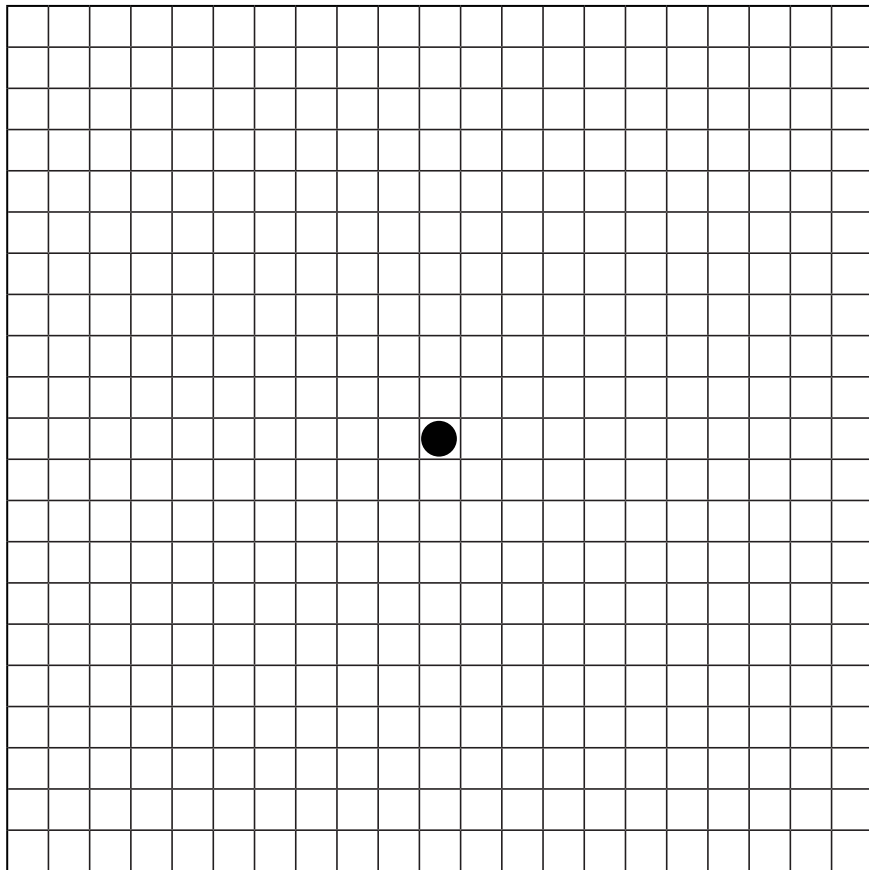


# Amsler Grid Central Vision Test



Do this test every day. Use good lighting. If your vision is better with glasses, wear them. Do the test with one eye at a time. Cover the other eye during the test.

- Hold the chart at normal reading distance.
- Look directly at the black dot in the center of the grid.
- While looking at the black dot, check for any areas where the surrounding small squares are missing, distorted, or blurred.

*If you notice any changes in the appearance of the grid, notify our office or your local eye doctor.*



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